

Label notes — Honey Almond Granola

Prepared by Backroom Systems · October 4, 2026 · Ref 261004-78E

At a glance

Serving size	1/2 cup (55g)
Servings per container	about 8
Calories per serving	250
Allergens	Contains: almonds.
Panel type	Standard vertical

How these numbers were calculated

- Nutrient data comes from USDA FoodData Central, plus the package labels you supplied for any pre-made ingredients.
- Amounts and % Daily Values follow the FDA rounding rules and Daily Values in 21 CFR 101.9.
- Totals are calculated from your recipe and scaled to your finished batch weight of 840 g.
- If your recipe, an ingredient brand, or your finished weight changes, the label needs to be updated.

Ingredient sources

Ingredient	Grams	Source
rolled oats	400	USDA: Cereals, oats
honey	150	USDA: Honey
almonds	120	USDA: Nuts, almonds
canola oil	60	USDA: Oil, canola
shredded coconut	80	Your package label
dried cranberries	90	Your package label
ground cinnamon	3	USDA: Spices, cinnamon
salt	2	USDA: Salt, table

Your front label (California cottage food)

Item	Requirement	Status
1	The product's name, on the front	Included in your label text
2	Your business name, city and ZIP (plus a street address if you are not in a phone directory)	Included in your label text
3	"Made in a Home Kitchen", on the front, in 12 pt type	Wording included; you set it in 12 pt
4	Your permit number and the county that issued it	Included in your label text
5	The ingredient list, heaviest first	Included in your label text
6	The net weight, in both ounces and grams, on the front	Wording included; you place it on the front
7	Any major food allergens, named in plain language	Included in your label text

8	Claims like "low sugar" have to meet FDA conditions	Only if you add claims
9	Health claims have to meet FDA conditions	Only if you add claims
10	A Nutrition Facts panel is optional unless you make a claim	Provided in this order
11	The label is legible and in English	Your step
12	Packaging and inks that touch the food are food-grade	Your step
13	If sold unpackaged at a shop, buyers are told it was made in a home kitchen	Your step

Three things about placement and size, which the label text cannot show:

- "Made in a Home Kitchen" in 12 pt type, on the front panel.
- Net weight in the bottom 30% of the front panel (21 CFR 101.7(f)).
- Net weight lettering at least 3/16 in tall for your 5 × 7 in front panel (21 CFR 101.7(i)) (about 25 pt in mixed case — measure a printed proof).

Good to know

- A Nutrition Facts panel is optional for most cottage food sellers who make no claims, but if you use one it must be accurate.
- Adding claims such as "low sugar" or "good source of fiber" brings extra rules. Ask before adding any.